



**July 25, 2016**

# Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at [www.usagria.army.mil](http://www.usagria.army.mil) under "News" and then "Local News."

**Island Insight Submission:**



[www.usagria.army.mil/News/II.aspx](http://www.usagria.army.mil/News/II.aspx)

## Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Employment Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)
- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)
- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Around the Q.C.](#)

## New Chief Counsel Arrives At RIA, Returns to Local Roots

U.S. Army Sustainment Command personnel welcomed K Krewer, the new chief counsel of the U.S. Army Materiel Command Legal Center, back to the Quad Cities, here, July 20. In her new position, Krewer is responsible for lawyers supporting ASC, the Joint Munitions Command, the Joint Manufacturing and Technology Center, the Army Contracting Command-Rock Island, and other AMC entities on Rock Island Arsenal. "I have the greatest job in the world," said Krewer. "I have a client -- the Army -- that once in a while maybe doesn't do the smartest thing, but that always, always tries to do the right thing. There are not a lot of lawyers who can say that about their clients." Krewer promised to work hard in her new position, and to maintain the office's tradition of excellence. "The commitment that this legal office has had to excellence, to getting the right answer and to getting the workable solution, that will never change," she said. "I pledge to you to continue that throughout however many years I have left here." ([More](#))



## Upcoming Dates

- July 26:** Summer Reading Adventure, ACS, Bldg. 110, 10-11 a.m.  
**July 26:** Time Management, EAP, Bldg. 56, 1st Flr., Rm. 104, 10:30 a.m.  
**July 26:** Military Spouse Fun Night, Bldg. 110, ACS/USO spaces, 6-8 p.m.  
**July 27:** Paintless Dent Repair Service, Auto Skills Shop, 9 a.m. – 2 p.m.  
**July 27:** Scott Welker Retirement, Bldg. 60, Heritage Hall, 10 a.m.  
**July 27:** Parenting Class: Sensory Awareness & Self Care, ACS, Bldg. 110, 3-5 p.m.  
**July 28:** Newcomer's Orientation and Tour, Arsenal Island Clubhouse, 8 a.m.  
**July 28:** Discovery Time Playgroup, Vander Veer Park, 10 a.m.  
**July 28:** Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 12:30-1:30 p.m.  
**July 29 & 30:** RIA Commissary "Your Healthy Lifestyle Festival"  
**August:** Anti-Terrorism Month  
**Aug. 2:** Improving Workplace Relationships, EAP, Bldg. 56, 1st Flr., Rm. 104, 1 p.m.  
**Aug. 2:** Overseas (OCONUS) Briefing, ACS, Bldg. 110, 9:30 a.m.  
**Aug. 4:** RIA-JMTC Organizational Day  
**Aug. 4:** Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 12:30-1:30 p.m.  
**Aug. 5:** First Army Organizational Day, Memorial Field  
**Aug. 5:** Summer Reading Adventure, ACS, Bldg. 110, 10-11 a.m.  
**Aug. 5:** Sponsorship Training, ACS, Bldg. 110, 12-1 p.m.

## ASC Recognizes Civilian's Accomplishments with Annual LAR Award

Adam Findley, interim logistics support team chief, 407th Army Field Support Brigade, U.S. Army Sustainment Command, was presented with ASC's Logistics Assistance Representative of the Year award for 2015, here, July 18. An award committee assesses one nomination from each of ASC's seven Army Field Support Brigades. The award is granted to one outstanding logistics assistance representative annually. "I was totally blindsided -- I didn't even know I was in consideration," said Findley. "I just do my job every day, so when I was told I received the award I was amazed. It means a lot to me." ([More](#))



## Rules DoD Employees Should Know This Political Season

I'm sure you've all seen political posts in full effect on Facebook, Twitter and Snapchat recently. The opinions are just going to get louder, too, before the election this November. As members of the Defense Department, we have a responsibility to be smart about what we post, as well as how we participate in political activity and how we support political campaigns. DoD employees are limited to certain political activities under the Hatch Act, which is meant to protect employees from political coercion at work, as well as make sure employees move up in their careers based on their merit, not political affiliation. So for those who are politically active, here's a refresher of what limitations you need to be aware of: ([More](#))



## Child Care POA's For Summer Child-Care Providers

It's summer, the kids are out of school and living is easy. Plans are made for Jane and Joey to attend summer camp for a week, then visit their grandparents for a week and then there are plans to send them on a trip to the north woods with their cousins. They have no cares, should you as a parent? After all you've done your homework, Jane and Joey attended summer camp for the last three summers, same place, same counselors, same campground, they visited their grandparents for the last two summers and now they plan to visit their aunts, uncles and cousins in the middle of the north woods. One of the most crucial planning if it's for less than 24 hours is to ensure that while Jane and Joey are not under your supervision or control and under another adult's (hopefully) supervision or control that you've provided a power of attorney for emergency health care while they are on vacation. July and August are the busiest vacation months and popular months for visitation for non-custodial parent. ([More](#))



## Federal Long-Term Care Premiums Rising By Triple Digits

It's not quite Christmas in July, but Federal Long Term Care Insurance Program members are getting an early look at coverage options and premium hikes. Beginning July 18, FLTCIP members can access their offer package online and view new premium rates, which the Office of Personnel Management said will range from 0-126 percent. The increase is due to longer life expectancies, the lower rate of return of the investment in the trust fund of premiums, and basic inflationary increases. ([More](#))



## Rock Island Arsenal Is 154 Years Old

The Rock Island Arsenal is celebrating its 154th birthday this month. In this week's edition of Inside the Gates, Local 4's Emily Scarlett shows us how it has continued to provide support not only to the U.S. Army, but the community, as well. The appeal for the Rock Island Arsenal came in the form of a pamphlet designed by a group of local citizens, led by Bailey Davenport, Rock Island's mayor and son of George Davenport. Rock Island Arsenal Museum Director, Kris Leinicke says, "Included in the pamphlet was the maps of the community, showing the proximity to rail and to water transport and coal fields of Coal Valley, but there's also a map in it that shows how this region was connected to the Northeast and also to the western frontier." The pamphlet was distributed to members of Congress, and just one year later the Rock Island Arsenal was established on July 11, 1862. "It was during the Civil War and Harper's Ferry where a lot guns manufactured and stored had already been burned by the confederates," says Leinicke. ([More](#))



## OPM to Agencies: Let Feds Telework to Avoid Heat

It is really hot out. Oppressively, dangerously hot, and excessive heat warnings are in effect across the country. The Office of Personnel Management wants to make sure federal employees stay safe, and this summer that could mean staying at home and in the air conditioning. OPM encouraged agencies to approve telework and flexible work schedules when the weather reaches levels that create poor air quality. The human resources agency said if agencies allow it, employees can adjust their schedules so they avoid travel during the hottest parts of the day. Employees can also take vacation days, OPM said. "Employees may also request annual leave, earned compensatory time off, or credit hours on a day when severe heat and humidity are threatening to the employee's health and welfare," OPM acting Director Beth Cobert said in a memorandum to agencies. ([More](#))



## The Army Mad Scientist Initiative

Mad Scientist is a U.S. Army Training and Doctrine Command initiative that continually explores the future through collaborative partnerships and continuous dialogue with academia, industry and government. Through this initiative, the Army helps shape future land operations in its role as a thought leader in the future of warfare. The program consists of an All Partners Access Network community of interest, a monthly online speaker series, and conferences with world-class experts at the nation's premier academic institutions. The Mad Scientist program has hosted three major events, which informed science and technology investments, confirmed human dimension initiatives, and identified numerous other opportunities for further assessment and experimentation. Mad Scientist programs resulted in over 50 published articles and informed the Army's warfighting challenges and strategies on megacities, robotics and the human dimension. ([More](#))





## Korean War Armistice 63<sup>rd</sup> Anniversary Wreath Laying Ceremony

Korean War Veterans Association Quad Cities Chapter 168 will hold a ceremony to commemorate the 63<sup>rd</sup> Anniversary of the Korean War Armistice and National Korean War Veterans Armistice Day on **Wednesday, July 27**, at 10 a.m., at the Memorial Walkway, at the Rock Island National Cemetery. The ceremony will include a wreath laying, rifle salute, and Taps. The Korean War, which began June 25, 1950, with the North Korean army's invasion of South Korea, officially ended July 27, 1953, a day now officially recognized as Armistice Day. The signing marked the end of the longest negotiated armistice in history: 158 meetings spread over two years and 17 days. Last year's presidential proclamation stated, "Today, the Republic of Korea enjoys a thriving democracy and a bustling economy, and the legacy of our Korean War veterans continues on in the 50 million South Koreans who live with liberty and opportunity. The United States is proud to stand with our partner in Asian security and stability, and our commitment to our friend and ally will never waver—a promise embodied by our servicemen and women who fought from the Chosin Reservoir to Heartbreak Ridge and Pork Chop Hill, and by every American since who has stood sentinel on freedom's frontier."



## RIA Fuel Station Closed Thursday

The RIA Fuel Station will be closed **Thursday, July 28**, 8 a.m. - 12 p.m., for annual Leak Detection testing. Please plan refueling requirements accordingly.

## Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, Aug. 12 & 19, 10 a.m. – 2 p.m.** If you would like to donate at this blood drive, feel free to email [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. The DMC will host a blood drive on **Thursday, Aug. 25, 12-4 p.m.**, from the MVRBC Donor Bus in front of Bldg. 350. To sign up, contact [Staff Sgt. Camille Richardson](mailto:Staff Sgt. Camille Richardson) at 309-782-0261. Walk-in donors welcome.



Donors at these drives will:

- Be entered into a monthly drawing for a \$300 gas card
- Be entered into the summer drawing for a new Ford Fiesta
- Receive a Silicone Mobile Pocket (3M sticky pocket wallet offers convenient storage for business cards, credit cards and other identification. Adheres to back of mobile device.)



***Charlie Corpuscle reminds us, "All previous malaria travel area restrictions still apply when donating blood. In addition, there is a 28-day deferral for those who return from areas in Mexico, the Caribbean or South America not included in the malaria restrictive areas. Please encourage donors to come in and give blood once the 28-day period has passed. Arsenal donors may always call the blood center at 563-359-5401 or email [shoegerl@mvrbc.org](mailto:shoegerl@mvrbc.org) if they have questions re: specific travel areas and deferrals which may be in place for those areas. Every donation is needed, especially in the summer months."***



**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

### **VIOS Schedule for August**

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Aug. 22, 23, 24, 25, and 26**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the [RIA VIOS website](#)

### **Shoes for Veterans**

IowaWORKS – Eastern Iowa Davenport Center's 11<sup>th</sup> Annual Shoes for Veterans Drive is **currently underway**. Donations can be dropped off at IowaWORKS Eastern Iowa, 902 W. Kimberly Road in Davenport from 8:30 a.m. - 4:30 p.m., Monday through Friday. All donations will be distributed to our veterans at the Bridging the Gap Quad-City Homeless Veterans Stand Down, **Thursday, Sept. 15 through Saturday, Sept. 17**, at the Quad City Expo Center in Rock Island. Your support of this event will be deeply appreciated. All monetary donations for footwear are tax deductible and will be graciously accepted.

### **Corps of Engineers' 150<sup>th</sup> Anniversary Celebration, Open House**

The U.S. Army Corps of Engineers, Rock Island District is celebrating 150 years of service to the Nation. In honor of this event the District is hosting a free public open house on board the Corps' largest working towboat on the Mississippi River, the Motor Vessel Mississippi. The open house will take place **Tuesday, Aug. 2**, 10 a.m. – 1 p.m., at River Heritage Park in downtown Davenport, across from Locks and Dam 15. Tours of the vessel will be available as part of the open house and exhibits outlining the work of the Corps over the past 150 years will be on display. Corps of Engineers staff will also be on hand to provide information about the District.



### **Fallen Soldiers Tribute**

A student led initiative partnering with the [Fallen Soldiers Tribute](#) will take place **Tuesday, Aug. 2**, at American Legion Post #26, at 702 W. 35th Street, Davenport, beginning at 5 p.m. The event will feature members of the [Combat Veterans Motorcycle Association](#); flag bearing color guard lining both sides of 35<sup>th</sup> Street; Davenport All Star Student Marching Band playing the National Anthem; a police escort; mayoral proclamation declaring the first week of August as "Fallen Soldier Appreciation Week"; the Davenport Central High JROTC Squad; family friendly, activities for children; a rock concert; and a free hog roast and sides for fundraising. All donations and proceeds given to the CVMA for veteran assistance are tax deductible.

#### **4<sup>th</sup> Annual Freedom Run**

The 4<sup>th</sup> Annual Freedom Run will be **Thursday, Aug. 4**, with three different start times depending on which run you're participating in; the Ground Pounder Kids Obstacle Run at 5:45 p.m., the Frontline Chiropractic Mile at 6 p.m., or the 5k & Doubletime Loop at 6:30 p.m. Registration for the event is available at [getmeregistered.com](http://getmeregistered.com). Packet pick up | registration will take place on Wednesday and Thursday, **Aug. 3 & 4**, 2-6 p.m. We are honored to have your support, whether you're a participant, running, walking, pushing a stroller, a sponsor, a spectator, a neighbor out on the course, a volunteer, it's all support and appreciation for our men and women serving (or served) in our Armed Forces. From the cannon used as a "starter's pistol" to the "dog-tag" medals the soldiers will place around the participants necks at the finish line, this unique event is "military" from start to finish. The WWII Army jeep as the pace car, the various military vehicles throughout the course, the 100+ American flags lining the course, the camo-netting over the refreshments area, the unique military style tee shirt each participant will receive, this event will be 100 percent military. We know you're in for a very special experience! ([More](#))



#### **Ammunition and Explosives (A&E) Amnesty Day — Aug. 4**

Rock Island Arsenal will host its annual Ammunition and Explosives (A&E) Amnesty Day on **Thursday, Aug. 4**, 9 a.m. – 2 p.m. A&E items may be dropped off in the parking area adjacent to Bldg. 25, located at the east end of the Island by the Moline Gate. Signs will be posted directing you to the amnesty site. Only military issued A&E will be collected. No commercial items. The intent of amnesty day is to provide you with a safe means in which to dispose of A&E. Per regulation, the amnesty day turn-in process is anonymous and is designed to eliminate any fear of reprisal. If you need additional information please contact Jeff Totton, 309-782-7796.

#### **American Veterans Traveling Tribute**

The American Veterans Traveling Tribute, a 360 foot replica of Veterans Memorial, is coming to Geneseo City Park in Geneseo, Ill., **Wednesday, Aug. 17, through Sunday, Aug. 21**, as part of the city's "The Cost of Freedom Festival," honoring all veterans and active military. This traveling replica is a 80-percent to scale traveling version of the Veterans Memorial, and is the largest traveling Veterans Memorial replica. American Veterans Traveling Tribute travels across the nation, providing veterans without the means to travel to the national Vietnam Memorial site a chance to see a replica model. Many vets take the opportunity to reflect and remember those lost. The Vietnam Wall has been a part of more than 300 events nationwide over the last 8 years. Organizers are planning a line-up of activities similar to the last time the Wall was in town with speakers, concerts and displays part of the events. A highlight of the Wall's visit will be a parade to honor all veterans at 2 p.m. on Saturday, Aug. 20. "We want veterans and their families, local groups and businesses to all get involved. We just want it to be one big patriotic parade," said Rhonda Borkgren of the Don Cherry VFW Post No. 5083 Auxiliary. "We want to give our veterans the recognition they deserve, and we hope to especially draw out our younger veterans." The August celebration will be a "tribute to all veterans" she said. "Every veteran deserves their welcome home." ([Facebook event page](#)) ([Geneseo Republic article](#))

#### **Rock Island Arsenal Welcome Club Super Sign Up**

Military and Arsenal Island workforce spouses are invited, **Thursday, Aug. 18**, 10 a.m. – 3 p.m., to our Super Sign Up at the Arsenal Attic Thrift Shop & Boutique in Bldg. 60 basement on the corner of Gillespie and South. Our proceeds go to support scholarships and community grants. Enter to win opportunity to win a luncheon plate for September luncheon, gift certificate and mystery prize

courtesy of RIA Federal Credit Union. RIA Welcome Club can't wait to meet new friends and greet old friends. Come out to greet old friends and meet new friends. RIAWC's purpose is to develop and foster a spirit of Quad Cities Area community responsibility at Rock Island Arsenal, to provide opportunities for social, cultural and creative pursuits and to support worthwhile service and community projects. Rock Island Arsenal Welcome Club is built on six core values of friendship, service, integrity, generosity, accountability and courtesy. These values serve as the organizations foundation and establish character and identity of RIAWC and its members. Open to active duty, Reserve and National Guard Spouses all ranks and branches of service, military retiree spouse, civilian employee spouse, retired civilian employee spouses and other federal government spouses' community. ([Flyer](#))

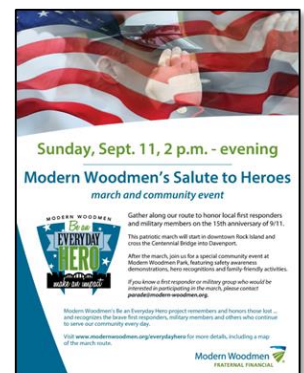
## Tribute to Our Fallen

Since its inception in the summer of 2004, one year after the onset of Operation Iraqi Freedom, a small group, now known as the Mississippi Valley Patriots, has put together a special event to honor those brave souls who had made the ultimate sacrifice. Today Tribute to Our Fallen annual event, held at the Davenport Memorial Park, has grown exponentially. The first few years were dedicated solely to the military in Iraq, Afghanistan, the first responders and civilians lost on 9/11. Since 2008's event, veterans of all eras have been included in this very special remembrance. The event this year is **Friday, Aug. 19, through Sunday, Aug. 21**, and is free to the public. Tribute to Our Fallen is staffed around the clock from the opening ceremony, Friday, **Aug. 19**, at 7 p.m., to the closing ceremony, Sunday, **Aug. 21**, at 4 p.m. There are several events scheduled throughout the weekend. The key note speaker for Saturday's ceremony at 7 p.m. will be USMC Capt. Eric G. Kirsch, Citadel graduate, a veteran of both Operation Enduring Freedom and Operation Iraqi Freedom, he was to Naval Criminal Investigative Service, Washington DC Field Office's (DCWA) Foreign Counterintelligence "A" Squad and was responsible for multiple named Offensive Foreign Counterintelligence Operations; since his honorable discharge in 2012, Kirsch has served as an Offensive Counterintelligence Operations instructor at Joint Counterintelligence Training Academy; as a civilian special agent with NCIS; and as a civilian advisor to the American government and the Kurdish Regional Government in Iraqi Kurdistan. He is the founder and CEO of Torchlight USA. Please invite a friend. Volunteers are always welcome to join on Friday, **Aug. 19**, for setup. ([More](#))



## Modern Woodmen's Salute to Heroes March

Gather along our route **Sunday, Sept. 11**, beginning at 2 p.m. and into the evening, to honor local first responders and military members on the 15<sup>th</sup> Anniversary of 9/11. This patriotic march will start in downtown Rock Island and cross the Centennial Bridge into Davenport. After the march, join us for a special community event at Modern Woodmen Park, featuring safety awareness demonstrations, hero recognitions and family-friendly activities. If you know a first responder or military group who would be interested in participating in the march, please contact [parade@modern-woodmen.org](mailto:parade@modern-woodmen.org). Modern Woodmen's Be an Everyday Hero project remembers and honors those lost... and recognizes the brave first responders, military members and others who continue to serve our community every day. Visit [www.modernwoodmen.org/everydayhero](http://www.modernwoodmen.org/everydayhero) for more details, including a map of the march route.





### **Closure of the Records Holding Area, Bldg. 331**

The Records Holding Area located in Bldg. 331 will close effective **Friday, Sept. 30**. All records that are stored in the facility must be moved or disposed of no later than **Thursday, Sept. 1**. It's the responsibility of each organization/command to relocate and provide space for their own records or dispose of records eligible for destruction. For more information contact [Joyce Rollins](#), Garrison Records Manager, 309-782-1245.

### **Save the Date — 9<sup>th</sup> Annual Cards for the Troops**

Please join us **Tuesday, Sept. 27**, 6:30-9 p.m., at Heritage Hall, Bldg. 60, for the 9<sup>th</sup> Annual Cards for the Troops. Adults only (high school and older), please. Hand-made rubber stamp art cards are created by hundreds of volunteers under the guidance of local stamping artists for our deployed troops to mail home to loved ones. No stamping experience required. More than 46,000 cards have been sent through Cards for the Troops to our deployed military serving in Afghanistan, Iraq, Kuwait, Qatar, Jordan, Africa, and to those deployed aboard our aircraft carriers, the USS Harry S. Truman, the USS Carl Vinson and the USS John C. Stennis. Packagers are needed also. There is no charge for this event. Please bring one roll of Scotch double-sided tape to donate to Cards for the Troops for card-making. All other materials are supplied. Be sure to visit our, "Cards for the Troops, Rock Island Arsenal" Facebook page. Seating is limited... please RSVP to: [mssipple1@gmail.com](mailto:mssipple1@gmail.com).

### **Free Tours of Locks and Dam 15**

The U.S. Army Corps of Engineers Mississippi River Project announces they will be offering free tours of Locks and Dam 15 every Saturday and Sunday beginning Memorial Day Weekend through Labor Day Weekend. These tours will be offered at 10 a.m. and 2 p.m. and will each last one hour. Participants must wear shoes with enclosed toes and backs, tennis shoes are preferred. Purses, bags, cameras and pictures are not allowed on the tour but will be allowed in the Visitor Center before and after the tours. Walking is required. Pre-registration is also recommended as the group size is limited and tours sometimes fill fast. Tours will begin and end at the Mississippi River Visitor Center. To make a reservation please call the staff at the Mississippi River Visitor Center at 309-794-5338. ([More](#))



### **Arsenal Island Employee Local Discounts**

*The following discounts are exclusively available to Arsenal Island employees — AT&T Wireless:*

As a service member of the U.S. Army you could be saving 15 percent on the monthly service charge of qualified wireless plans. Visit your local AT&T store at 4500 16th Street, (inside SouthPark Mall) Moline or 3120 E. 53rd street, Davenport, or to purchase online, visit [att.com/wireless/USArmy](http://att.com/wireless/USArmy) If you visit a local AT&T store, please have proof of eligibility. Mention Discount Code: FAN2421660 **Sunset Lakes Resort:** Located near Hillsdale Illinois at I-88 Exit #6, we offer free campsites for those who currently serve and veterans; call 1-800-747-5253 for reservations. Complete details on both military weekends at [www.sunsetlakesresort.com](http://www.sunsetlakesresort.com) under our news section. **Infinity Salon & Spa:** Located at 220 W 3<sup>rd</sup> St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **The Venue:** Located at 1405 5<sup>th</sup> Ave. in Moline, we would like to say thank you to all Rock Island Arsenal personnel – bring in your Arsenal ID/badge on Mondays and receive a 20 percent discount on food and soda (this excludes family feast special). **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18<sup>th</sup> Street in Bettendorf. **Chocolate Manor:** All Arsenal



Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2<sup>nd</sup> St., Davenport, just show your ID.

**Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3<sup>rd</sup> Ave., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*



### **Parking Closures in Lot 1P - East Side of Bldg. 299**

The Directorate of Public Works has a construction project to replace the fire water loop around Bldg. 299. Effective July 20, trenching began through the northeast parking lot (1P) between the two first rows of parking. The area of parking spaces that closed will remain closed from approximately **Wednesday, July 20, through Monday, Aug. 8**. The crosswalk through the parking lot will remain open during construction. Handicapped spaces and signage will be temporarily relocated to the north corner of the lot as shown on the attached drawing. During the closures, fencing and signage will be positioned as required. Timeframes may be extended depending on weather or unexpected delays.

### **Repair Steps Bldg. 90 West Entrance**

Effective **June 27**, Public Works began making repairs to the Bldg. 90 west entrance steps. The doorway on the west, facing East Street, were closed. The work includes removal and replacement of the steps and hand railing. The project is expected to last approximately eight to nine weeks depending on weather. Orange safety fence have been installed around the perimeter of the work area. Please use caution when traveling near the area.

### **Gillespie Street Repair Project**

The Directorate of Public Works plans to accomplish major repairs to the Gillespie Street corridor between Rodman Avenue and Blunt Road. This will impact traffic and on-street parking in the area during the construction. Work is currently planned to start during the FY16 construction season. There will also be some permanent changes resulting from the project. Major changes are as follows: • Replacement of the sidewalk along the west side of Gillespie Street with a wider shared-use path to be used by pedestrians and bicycles. • Conversion of diagonal on-street parking along the northern sections of Gillespie Street to parallel parking spaces resulting in a loss of about 40 parking spaces. • Conversion of Blunt Road along the river from Gillespie Street to East Street to a shared-use path predominantly for pedestrians and bicycles. Motorized vehicles will be restricted to emergency and service vehicles. As the project progresses, further announcements will be provided regarding construction related events.

### **Rock Island Viaduct Sidewalk Closed to Pedestrians**

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents.

Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.



## Building/Space Closures



### Closure Notice Bldg. 62 Window Installation

Effective **July 11, through approximately Monday, Aug. 1**, the Directorate of Public Works will be working on a construction project to install windows on the south side, second floor, of Bldg. 62. The handicapped entrance ramp will remain open during construction. The other south side entrances will be closed at intermittent periods throughout construction. During the closures, fencing and signage will be positioned as required. Timeframes may be extended depending on material delays or weather related issues.

### Work to Close Doors at Bldg. 299

The Directorate of Public Works has a construction project to replace the fire water loop at Bldg. 299. This work entails trenching for the pipe line around the exterior of the building. This will result in some door closures of both passenger doors and overhead doors. During closures, signs will be posted both inside and outside the building with direction to the next nearest door. Once work is complete on the southeast side, work should begin on the east side of the building beginning **Wednesday, July 13 through Wednesday, July 27**. Work on the east side of the building will take place in the graveled area and will not result in any door closures nor affect deliveries. Please keep in mind that these dates are approximate and can change due to weather or unexpected circumstances that may occur with the trenching. As the project progresses, further announcements will be provided regarding closures and access on the north face of the building.



## Active Duty/Reserve Zone



### Bix 7 Road Race Waives Entry Fee

The 2016 Bix 7 organization is again happy to be able to offer free entry, **July 30**, to all active duty military, Reserve and Guard. Again, there will also be a specific viewing area location designated for and honoring our veterans at Brady and Kirkwood. Complete the [printable entry form](#), enter your military ID number where indicated and mail your entry to us. You must pick up your packet in person at the Bix 7 Expo and show your military ID. Last year we had an increase over the first year, we hope to be able to continue that momentum again in the third year of this appreciation.

([Entry Form](#))

## John Deere Classic 2016 Military Appreciation Day

Please join us **Saturday, Aug. 13**, as we honor our active and retired military at the 2016 John Deere Classic. Thanks to Lowe's and AUSA, all military personnel currently holding a Common Access Card (CAC), as well as those who have retired from Armed Services and have a valid ID card, will be given free admission along with one guest each day Thursday - Sunday. This offer applies to active duty and retired military only, and not civilian or contractor CAC card holders. CAC card must be shown at the front gate to receive daily ticket. On **Saturday, Aug. 13**, all military guests are invited to the air-conditioned skybox behind #15 green for complimentary food and beverages along with VIP golf viewing. The John Deere Classic staff, board of directors, volunteers and fans thank you for your service.



## Military Family Night-Picnic & Swimming

All Military families are invited **Saturday, Aug. 20**, 3-8 p.m., Longview Park & Whitewater Junction Waterpark, to join MWR for a free fun night of games, swimming and Famous Dave's® barbeque. Games, including water balloon toss, sponge dodgeball and bean bags start at 3 p.m., food will be served at 4 p.m. and then swimming at Whitewater Junction from 6-8 p.m. This great annual event is only made possible through the generosity of our sponsor, the [Rock Island Chapter of the Association of the United States Army \(AUSA\)](#) so make sure to stop by their table that night and say thanks. No official U.S. Army endorsement of sponsors is implied. ([Flyer](#))



## Safety Spotlight



**ARMY SAFE  
IS ARMY STRONG**



**C**

### Safety Is Name of Game for Army Motorcycle Program

Motorcycles have always evoked an image of freedom, individuality, and as the case may be, rebellion. Unlike any other purchase, a motorcycle changes you. You're not just a guy or girl with a motorcycle; you're a rider. You feel cooler and like the lyrics to the old Twisted Sister song, Ride to Live, Live to Ride, "You've got to ride to live, live to ride, feel the flames burn inside..." While riding may seem cool, you may even feel cooler as a rider, current Army accident data show, a significant number of fatal motorcycle accidents are due to rider indiscipline, not lack of skill. The Army Progressive Motorcycle Program requires all Soldiers who own or operate a motorcycle to complete four separate training events at specific time intervals defined in Army Regulation 385-10:

- The Motorcycle Safety Foundation Basic Rider Course
- The Basic Rider Course 2, formerly Experienced Rider Course, or Military Sport Bike Rider Course
- Motorcycle refresher training
- Sustainment training

Required follow-on training must be completed within 12 months of completing the BRC, and sustainment training is required every five years. Refresher training is only required if a rider has been deployed more than 180 days. ([More](#))





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# Equal Employment Opportunity Focus



## Army Accepts First Women to Attend School to Become Green Berets

Two female Army officers will make history when they report to Fort Bragg, North Carolina, in their first step toward earning the Special Forces tab and becoming Green Berets. The female officers, whom Army officials declined to identify, could attend their first Special Forces Assessment and Selection (SFAS) class as early as October, though neither has yet received orders for training at Fort Bragg, The Washington Times has learned. Col. Nestor A. Sadler, commandant of the Special Forces Regiment at the U.S. Army John F. Kennedy Special Warfare Center School at Fort Bragg, confirmed that the two female candidates had accepted invitations for the SFAS class. "Two females met the requirements for SFAS and were nominated by the ARSOF [Army Special Operations Forces selection] panel to attend SFAS. One candidate declined her invitation and withdrew from the process. Special Forces Branch asked why. On the last day to accept or decline the invitation, she changed her mind and accepted the invitation to attend SFAS," Col. Sadler said. At a recent Special Forces Association conference in Jacksonville, Col. Sadler said that the Army selection panel had reviewed the application packets of seven female officers. Of those, two were approved for the SFAS class, he said. ([More](#))

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# Morale, Welfare & Recreation



## Morale, Welfare & Recreation (MWR)

Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs.

### MWR Text Alerts

Grab your mobile phone and text **EZZHV32984 4** to the number **313131** to join our text list and have all the latest and greatest MWR news delivered right to your phone. We'll keep you up to date with all the fun and exciting upcoming MWR events and programs as well as coupons and special offers available only to text alert subscribers. Message and data rates may apply and you can opt out at any time by replying "stop" to **313131**. Check out the flyer for a quick and easy QR code that you can scan with your smartphone to automatically generate the message for you. ([Flyer](#))



### Lock & Dam Lounge Closes for Renovations

Effective April 2, the Lock & Dam Lounge closed for renovations until further notice.

### Volunteers Needed for the QC Marathon

Arsenal Island makes up a significant portion of the route for this annual Quad Cities tradition and that means we need lots of hands to help pull it off successfully. Volunteers are needed **Saturday, Sept. 24**, to set up and tear down the course, hand out water and sports drinks, cheer on all the

runners and much more. If you'd like to donate some of your time to this great event please contact the Fitness Center at 309-782-6787.

### **Submission Period for 2016 Army Arts & Crafts Contest**

Novice and accomplished artists are encouraged to submit their works of art to the annual Army Arts & Crafts contest, open **June 13 – Aug. 12**. There are 10 categories this year including ceramic, digital, fiber, glass, metal, wood, drawings, paintings, 2D & 3D mixed media. Find more info on eligibility and contest rules at [www.armymwr.com/arts](http://www.armymwr.com/arts) ([Flyer](#))

### **Paintless Dent Repair Service Available**

The always popular paintless dent repair technician will be available for repairs on **Wednesday, July 27**, at the Auto Skills Shop. If you have small dings, dents and other imperfections in your vehicle it may be possible to have them fixed without the excessive costs of more traditional body work. Call 309-782-8631 for more information and to schedule an appointment. ([Flyer](#))

### **First Friday Social Featuring Bur Oak Brewing Company Tap Takeover**

Join your Island colleagues **Friday, Aug. 5**, 3-7 p.m., Arsenal Island Clubhouse, for a fun evening of appetizers, drinks, networking, socializing and karaoke. This First Friday will feature a tap takeover featuring brews by Bur Oak Brewing Company out of Columbia, Mo. This event is open to the entire RIA workforce and the general public so bring your friends, family, neighbors, mail man... whoever, just come out and have fun with us. Bring your 2015 Rocktoberfest stein and get \$2 off refills. Call 309-782-4372 for more info.



### **Free Family Outdoor Movie Night**

Join MWR **Friday, Aug. 19**, 7-10 p.m., Memorial Field, for our first ever Outdoor Family Movie Night — Bring your blankets and lawn chairs and stake out your spot at Memorial Field to watch the Lego Movie under the stars. This fun family night will feature a free screening of the hit movie, concessions, and bounce houses for the kids before the movie. Inclement weather location is Heritage Hall. Call 309-782-8630 for more info. ([Flyer](#))

### **Lunch Service at the Arsenal Island Clubhouse**

Has it been a while since you've had lunch at the Golf Clubhouse? If so come back Tuesday - Friday, 11 a.m. - 1:30 p.m., and give it another try because we've got some exciting new options that are sure to fit your appetite and schedule. Try the daily soup, salad and sandwich buffet featuring a delicious house made soup du jour and fresh baked breads for just \$9/person. ([menu is available here](#)) ([daily buffet items here](#))

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## **MWR Leisure Travel Office**



### **Office Hours**

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

## Discount Tickets for Upcoming Local Shows, Bus Trips & Attractions at the Leisure Travel Office

Leisure Travel which is located in Bldg. 333 (next to the Exchange) has discount tickets for the following upcoming shows/trips/attractions. Contact them at 309-782-5890 or visit their webpage: [www.riamwr.com/community-recreation/leisure-travel](http://www.riamwr.com/community-recreation/leisure-travel) for more information.

- Six Flags, Adventureland and Noah's Ark Theme Parks
- **Saturday, Aug. 20**, 5:45 p.m., Menopause the Musical at Circa 21 Dinner Playhouse
- **Saturday, Sep. 10**, 6:30 a.m. - 8 p.m., Bus Trip to Shedd Aquarium & Navy Pier in Chicago
- **Saturday, Dec. 10**, 6:30 a.m. - 8 p.m., Bus Trip to Christkindlmarket in Chicago

## Noah's Ark Water Park

Located on 70 sprawling acres in the heart of Wisconsin Dells, Wis., featuring 51 water slides and dozens of various attractions. From two Endless Rivers, four children's water play areas, bumper boats, a mammoth 4-D Movie Theater, and not just one, but two giant wave pools, there is something for the whole family. Children two years or 36" and under are free. LTO price \$26, gate is \$41.62 with tax. Note: Special Salute to Heroes — Military Days — Free Admission: **Entire month of June and Aug. 22 — Sept. 5**: Military (active, Retired, Reserve) with valid ID; family members additionally receive 50 percent off.

## Menopause at Circa 21 in Rock Island

This hilarious musical parody staged to classic tunes from the '60s, '70s and '80s will have you cheering and dancing in the aisles. See what millions of women worldwide have been laughing about for 14 years. Set in a department store, four women with seemingly nothing in common but a black lace bra on sale, come to find they have more to share than ever imagined. The cast makes fun of their woeful hot flashes, forgetfulness, mood swings, wrinkles, night sweats and chocolate binges. A sisterhood is created between these diverse women as they realize that menopause is no longer The Silent Passage, but a stage in every woman's life that is perfectly normal. It's the hilarious celebration of women and the change. Leisure Travel has discounted seats on sale at \$46 until **Saturday, Aug. 6**. *NOTE: PG13 — This show contains adult language and content; not recommended for children.* ([More](#))

Event Date: **Saturday, Aug. 20**

Event Time: **5:45 p.m.**

## 2016 Adventureland Tickets

Leisure Travel has discounted one day admission tickets for the 2016 season to Adventureland Amusement & Water Park. Adult and Child \$33; at the gate adult is \$42, child is \$37.

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## Child, Youth & School Services



### Army Transitions to Simplified DoD Request For Childcare Website

The Army is transitioning to a new single portal Department of Defense website designed to make it easier for Soldiers to find the childcare they need. In March 2016, select Army garrison families will begin to use [www.MilitaryChildCare.com](http://www.MilitaryChildCare.com) as their website to search for and request child care



services where they are or where they are planning to move. "The vital function of this website is to simplify the child care search process, helping patrons make better informed decisions about their child care needs," said Theresa Sanders, the Installation Management Command Child, Youth and School Services Outreach Services Program Manager. "The DoD has worked hard to develop a system which allows patrons to create their own account, search and request care, manage requests and update their profile from the convenience of their home," she said. Using [MilitaryChildCare.com](http://MilitaryChildCare.com), parents can find comprehensive information on child care programs worldwide, conduct a customized search for the care they need, and submit a request for care at any time from any location, Sanders explained. Web services were first tested in pilot programs throughout the military branches including U.S. Army Garrison Hawaii. Soldiers and Families at Aberdeen Proving Ground, Forts Belvoir, Campbell, Detrick (Forest Glen and Frederick), Drum, Knox, Lee and Meade, Watervliet Arsenal and Joint Base Myer-Henderson Hall will gain access to the site in March. Each garrison is working directly to notify the families affected and assist in the implementation of the DoD website rollout. ([More](#))

## Army Community Service



ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

### Parenting Class: Sensory Awareness & Self Care

Join us **Wednesday, July 27**, 3-5 p.m., Army Community Service (Bldg. 110), in a helpful discussion on how sensory issues can impact the way kids (& parents) think, feel and act. Learn ways to increase your awareness about the senses and explore several techniques to help your kiddos cope with sensory issues. We will also discuss the importance of self-care and wellness especially living with hectic lives as parents, and how to be positive role models of health and balance for your kiddos. The training will feature guest speaker, Sara Kessinger, M.S.Ed, NCC, child therapist for the Child Abuse Council. Those registered with CYSS will receive two participation points for attending. Call 309-782-3049 or email [jennifer.a.kerr10.civ@mail.mil](mailto:jennifer.a.kerr10.civ@mail.mil) to RSVP. ([Flyer](#))

### Advanced Résumé Class

This class, **Friday, Aug. 5**, 1:30-3:30 p.m., Army Community Service (Bldg. 110), is for spouses, but open to all service members, retirees, DA civilians and their family members. Learn advanced techniques on how to tailor your résumé for federal employment. RSVP required by **Friday, July 29**, call 309-782-0829 or e-mail [usarmy.ria.imcom-central.mbx.usag-acs@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-acs@mail.mil) ([Flyer](#))

### Announcing Financial Fitness Week

Come join us during lunch for free financial classes **Monday through Friday, Aug. 15-19**, 12-1 p.m. Classes will be provided by RIA Federal Credit Union, your Accredited Financial Counselor® (AFC®) and Certified Financial Planner® (CFP®). You may attend one or all.

- **Understanding Your Credit Report and Score — Monday, Aug. 15**

RIA Federal Credit Union's, Helen Wols, takes you through why credit is important, what's in a credit report, how to get one, how it's calculated, building/rebuilding credit and some common myths. Pizza provided by RIA Federal Credit Union. ([Flyer](#))

- **A Financial Primer: 12 Tips to Secure Your Financial Future — Tuesday, Aug. 16**  
Your AFC® provides you the key tips you should know about a secure financial future. Bring your lunch and get an understanding of financial planning. ([Flyer](#))
- **Money Management and the TSP — Wednesday, Aug. 17**  
Why use the Thrift Savings Plan, Saving and Investing, the rule of 72, the five funds and L Funds. Bring your lunch and let your AFC® help you understand why should be using the TSP. ([Flyer](#))
- **Picture Perfect Retirement — Thursday, Aug. 18**  
Your CFP® gives you a glimpse into strategies you can adopt to help you plan ahead during the different age phases? After years of hard work, you're certainly entitled to a happy retirement. A financial planning web base tool will be used to demonstrate retirement required Savings, IRA vs Roth IRA, proper life insurance coverage and more. ([Flyer](#))
- **Financial Fitness Check — Friday, Aug. 19**  
Your AFC® gives you a personal financial security review. Here's your chance to review what your financial situation really looks like. It is recommended that you do a review at least annually. Hear what you should be reviewing at a minimum. Bring your lunch. ([Flyer](#))

For more info and to sign up, call 309-782-0829 or [usarmy.RIA.imcom-central.mbx.usag-accs@mail.mil](mailto:usarmy.RIA.imcom-central.mbx.usag-accs@mail.mil) no later than **Thursday, Aug. 11.** ([Flyer for full week](#))

## Employee Assistance Program



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ASAP/EAP is located in Bldg. 56, 1<sup>st</sup> floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. In addition, [a list of our classes & groups with dates, locations, and times, is located here.](#) [Find us on Facebook click here.](#)

### Time Management

Do you feel like there is never enough time in a day to get everything done? Would you like to learn some tips to become more organized and free up some time for more fun? Learn how to prioritize tasks and manage your time more effectively. Upcoming class dates are **July 26**, and **Oct. 25**, at 10:30 a.m. in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

### Improving Workplace Relationships

Relationships in the workplace are very much like relationships in our personal lives. Therefore they require many of the same skills we use with those who are closest to us. Learning these skills makes sense because many of us spend more time with our co-workers than with our family members. Skills learned are based on research based concepts and address issues of communication, conflict, respect and trust. Upcoming class date is **Aug. 2**; and will take place in our classroom in

Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782-4357. Register for classes on [TEDs](#) under "Current Classes."

### **The RIA Employee Assistance Program Presents: Real Colors**

Want to enhance your communication skills? Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the difference in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Location: Bldg. 56, Room 122, Sign up in [TEDs](#) (Search key word "Real Colors" or contact 309-782-4357 Additional date: **Nov. 8.**

Event Date: **Aug. 9**

Event Time: **8 a.m. - 12 p.m.**

### **Assertiveness Training**

Learn strategies to communicate with effectiveness and enhance yourself personally and professionally. Upcoming class dates are **Aug. 23** and **Nov. 29**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

### **101 Critical Days of Summer**

Summer Holiday celebrations often include barbeques, picnics, water sports, vacationing with family and friends, and fireworks. However, many holiday week-ends can be filled with tragedy instead of celebration. The Fourth of July is one of the deadliest holidays of the year when it comes to alcohol-impaired driving crashes on our highways. According to data from the National Highway Traffic Safety Administration, during July 4<sup>th</sup>, holidays over the last five years (from 2010 to 2014), 780 people lost their lives in crashes involving drivers who had BACs of at least .08 g/dL. This summer, don't let your celebrations end in an arrest or tragedy. The consequences are serious and real. Not only do you risk injuring yourself or someone else, but the trauma and financial costs of a crash or an arrest for driving while impaired can be significant and not the way you want to celebrate your summer.

### **Grief Support Group**

Have you been struggling with the recent loss of a loved one? The EAP welcomes you to attend confidential group sessions to share your feelings with others who are experiencing the same emotions and challenges to daily living. Participants will receive support and companionship from others while learning about the grieving process. Groups will be held each **Thursday** from 12:30-1:30 p.m. at the EAP in Bldg. 56, Room 104; to RSVP call 309-782-4357.

### **Emotional Intelligence**

Emotional intelligence is the ability to understand and manage your own emotions, and those of the people around you. People with a high degree of emotional intelligence know what they're feeling, what their emotions mean, and how these emotions can affect other people. Emotional intelligence addresses five competencies; Self-Awareness, Self-Regulation, Self-Motivation, Empathy, and Effective Relationships. Upcoming class dates are **Sept. 27** and **Dec. 20**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."



# Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

## Field Test DLPT - German and Hindi — Do You Speak German or Hindi?

The Army is seeking field test participants to complete the Defense Foreign Language German and Hindi (DLPT5) Starting **Tuesday, May 3**, through **COB Sunday, July 31**. Participants will be provided with a signed letter of appreciation from the Assistant Commandant of the Defense Language Institute Foreign Language Center. The listening and reading tests are both three hours. For your convenience, the test may be administered in one setting or schedule the test in two separate settings. Interested in taking the test? Please contact the Rock Island Education Center for more information or to be scheduled at 309-782-2065.

## DoD Virtual Education Fair

The Department of Defense Voluntary Education Program will host its second pilot DoD Virtual Education Fair, **Thursday, Aug. 11**, 7 a.m. to 5 p.m. CDT, in an effort to help make higher education more accessible to service members, veterans and family members. Registration is required to participate and is open at [www.dodeducationfair.com](http://www.dodeducationfair.com). Registration is open throughout the event providing participants, anywhere in the world, easy access to benefits and information necessary to reach their individual education goals. To ensure connectivity, participants are encouraged to use their mobile devices, if unable to access the event via government computers.

## Employment-Education Event at Rock Island Arsenal

Mark your calendars now – the Directorate of Human Resources, U.S. Army Garrison, will host the Semi-Annual Employment-Education Event on **Wednesday, Sept. 7**, 9:30 a.m. – 1 p.m., in Heritage Hall, Bldg. 60. Soldiers, Veterans, and Family Members are the target audience for this great event. Numerous employers from throughout the Midwest as well as many academic institutions and Veterans Service Organizations are expected to be in attendance. In the past, there were valid job offers made as a result of this event. Employers may have jobs available in locations nation-wide as well as in the Quad Cities area and throughout the Midwest. This event represents a great opportunity for employers to review resumes, interview candidates, and potentially hire separating active duty, Reserve, and National Guard Soldiers, Retirees, veterans, and Family members. Please come ready; have resumes to hand out and be appropriately dressed for a possible interview. Academic institutions will have experts on hand to provide information on programs of study as well as on the GI Bill and scholarship opportunities, for both local and online classes. They will provide information regarding educational opportunities for Soldiers, veterans, and Family members. VSOs will be available to assist with resources, benefit information, and resume development. If you are an active duty or Retired service member or eligible Family member and would like individual resume or interview training prior to attending this event, you may contact Chris Gegenheimer, Army Community Services, at 309-782-0815, or email [christopher.j.gegenheimer.civ@mail.mil](mailto:christopher.j.gegenheimer.civ@mail.mil). Any questions about the event can be directed to Shelly

Mimms, 309-782-7780 or Lafayette Ausborn, 309-782-4799, or email: [usarmy.ria.usag.mbx.hrm-tsm@mail.mil](mailto:usarmy.ria.usag.mbx.hrm-tsm@mail.mil). Don't let this great opportunity pass you by.

### **RIA Army Education Center Commencement Recognition Ceremony**

The Rock Island Arsenal Army Education Center will host the Annual Commencement Recognition Ceremony Wednesday, **Sept. 14**, 1-3 p.m., at the Arsenal Island Clubhouse. The ceremony begins at 1 p.m. with a reception to follow. All service members who completed a post-secondary degree/certificate during FY16 are invited to participate. The purpose of the ceremony is to provide an occasion for service members to express pride in their academic accomplishments and for the Department of the Army to acknowledge the same. ACES promotes lifelong learning opportunities and sharpens the competitive edge of the Army through voluntary education. ACES' mission supports readiness and resilience through its services in support of the Total Army family. For more information please contact the Education Center at 309-782-2065.



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [here](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

### **Your Healthy Lifestyle Festivals Coming In July**

The Defense Commissary Agency will host the military resale partnership event, Your Healthy Lifestyle Festival, July 1-31 at commissaries worldwide. This annual event will feature discounted prices on produce at commissary farmers markets, savings on workout equipment and apparel at exchanges, health screenings at local clinics, and fitness events hosted by the post morale, welfare and recreation activities. With the theme "Live Healthy and Save Big!," the festival combines savings while supporting the military community's health and wellness goals, said DeCA Sales Director Tracie Russ. An overall schedule listing installations and dates can be found on [Your Healthy Lifestyle Festival](#) page. *Rock Island Arsenal Commissary will be holding its Healthy Lifestyle Event July 29 & 30.* ([More](#))

### **Exchange Gets Military Shoppers Prepared for New School Year with \$5,000 in Prizes**

As the time for back-to-school shopping approaches, military shoppers can start crossing things off their school supplies lists with \$5,000 in gift cards from the Army & Air Force Exchange Service, Hershey and Mars. From **July 22 to Aug. 18**, authorized shoppers worldwide can enter the Hershey & Mars Back to School Sweepstakes for the chance to win one of 10 \$500 Exchange gift cards. "Back-to-school shopping can be as stressful as it is fun," said Air Force Chief Master Sgt. Sean Applegate, the Exchange's senior enlisted advisor. "These Exchange gift cards will help students start the school year off with everything they need to succeed." ([More](#))

### **Exchange Expands Layaway to Include Laptops, Tablets for Back-to-School Season**

The Army & Air Force Exchange Service is helping military students head to the top of the class during the 2016-17 school year by extending its layaway program to include computers and tablets needed to succeed in the classroom. From **July 1 to Aug. 31**, just in time for back-to-school season, Exchange shoppers can use layaway to hold computers, notebooks, tablets and iPads—items that are not typically eligible for the program. "Having up-to-date technology can be vital to succeeding in the classroom, and the Exchange is making it easier for military families to manage expenses to get the tools students need to succeed," said Air Force Chief Master Sgt. Sean Applegate, Exchange senior enlisted advisor. "The extended layaway program helps parents and students stick to their back-to-school budgets." A \$3 service fee and a deposit of 15 percent are required to hold items on layaway. Items must be picked up by Aug. 31. Shoppers can visit customer service at their local Exchange for complete details. ([More](#))

### **Everything's coming up Roses for Shoppers with Exchange Bouquet Sweepstakes**

Military shoppers can stop and smell the flowers this summer with the Army & Air Force Exchange Service's Teleflora sweepstakes. From **July 1 to Aug. 31**, authorized shoppers have the chance to win one of six Teleflora bouquets valued at \$83. Shoppers can enter the sweepstakes by visiting [shopmyexchange.com/sweepstakes](http://shopmyexchange.com/sweepstakes). Three winners will be drawn for July, and three more will be drawn in August. No purchase is necessary to enter or win. ([More](#))



## **Arsenal Archive**



**Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))**

### **This Week in Rock Island Arsenal History – July 25-31**

By July 1898, the RIA was conducting final inspection and delivery to the Army of finished ordnance products manufactured by 46 different private contractors. Army arsenals could not meet the urgent war demand for equipment and weapons by themselves during the Spanish-American War. On July 28, 1937, Col. Norman Ramsey assumed command of the RIA. He was appointed Brigadier General on Oct. 25, 1940. He was RIA CO until 1944.



## **Healthbeat**



### **In Contract Shift, TRICARE Consolidates Coverage Regions**

The U.S. military's TRICARE health care program for families and veterans will consolidate its regions from three to two under a new pair of contracts, officials announced Thursday. The system is currently administered in three regions -- North, South and West -- by three separate contractors.

8< The new East region will include the District of Columbia; Alabama; Arkansas; Connecticut; Delaware; Florida; Georgia; Illinois; Indiana; the **Rock Island Arsenal area of Iowa**; Kentucky; Louisiana; Maine; Maryland; Massachusetts; Michigan; Mississippi; the St. Louis, Missouri, area; New Hampshire; New Jersey; New York; North Carolina; Ohio; Oklahoma; Pennsylvania; Rhode Island; South Carolina; Tennessee; most of Texas; Vermont; Virginia; West Virginia and Wisconsin. The new West region will include Alaska; Arizona; California; Colorado; Hawaii; Idaho; all of Iowa except the Rock Island Arsenal area; Kansas; Minnesota; all of Missouri except the St. Louis area; Montana; Nebraska; Nevada; New Mexico; North Dakota; Oregon; South Dakota; west Texas; Utah; Washington and Wyoming. Beyond changing who processes military health care claims and payments for providers, it wasn't immediately clear how the shakeup will impact TRICARE users, including those on TRICARE for Life, if at all. A specific contract start date hasn't been released. ([More](#))

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## Notes for Veterans

### **Secretary Takes Action to Ensure Project ARCH Veterans Continue to Receive Care Closer to Home**

As the Project ARCH pilot program comes to an end next month, Department of Veterans Affairs Secretary Robert A. McDonald today announced that Veterans enrolled in the program will be able to continue receiving care closer to home. Taking advantage of options available under the Veterans Choice Program, such as the “unusual or excessive burden provision” and Provider Agreements, Veterans receiving care under Project ARCH will continue care without interruption when the pilot program ends August 7. “There is nothing more important to us than serving the Veterans who served our country,” said Secretary McDonald. “My commitment to those Veterans under Project ARCH is that we will do everything within our control to make sure they maintain continuity of care in their communities with the providers they know.” ([More](#))

### **Veteran Employment & Resource Fair**

This event, being held **Tuesday, Aug. 16**, 11 a.m. – 3 p.m., at the National Guard Armory, 3615 N Brady St., in Davenport, is to assist current and former service members and their dependents with resume, employment, and resources through the partnership of Home Base Iowa, IowaWORKS, Great River HR Association, and National Guard Family Assistance Center. We invite you to attend, network with employers, and connect with useful resources. Questions contact [jennifer.toenjes@iwd.iowa.gov](mailto:jennifer.toenjes@iwd.iowa.gov) or 563-445-3200, ext. 43348.

### **QC Veterans' Roll Call Radio Show**

A new radio show for Quad-City area veterans has been established on WXLN 97X at **7 a.m. on Sunday mornings**. This weekly radio show's mission is to provide local veterans, military, and their families, honest, relevant and (when possible) entertaining content. They state they have two values for their show, respect and empathy. “We respect the truth and everyone's opinion. We have empathy for our veterans and military as they are, their families and their care-givers.” The show, hosted by Jen Bert, also has a Facebook group to spur discussion and to spread the word. The group is simply titled “QC Veterans' Roll Call Radio Show,” and can be found at [www.facebook.com/groups/245799959137007](https://www.facebook.com/groups/245799959137007).





# Around the Q.C.



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**July 26:** [PaintFest America](#) (Genesis Medical Center - Cancer Care Institute, Davenport)  
**July 29-30:** [Downtown Street Fest](#) (Downtown Davenport)  
**July 30:** [Bix 7 Run/Walk](#) (Downtown Davenport)  
**July 30:** [Zombie Prom Quad Cities 2016](#) (Skellington Manor Event Center, 420 18th St, Rock Island)  
**Aug. 2-7:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)  
**Aug. 4:** [Freedom Run 5K](#) (733 15<sup>th</sup> Ave., East Moline)  
**Aug. 4-7:** [Bix Beiderbecke Memorial Jazz Festival](#) (Quad-Cities Waterfront Convention Center, Bettendorf)  
**Aug. 6:** [Boys and Girls Clubs of the Mississippi Valley's Inaugural Get Hooked Fishing Derby](#) (Rock Island Conservation Club, 2421 Big Island Parkway Milan)  
**Aug. 6:** [2<sup>nd</sup> Annual BBQ n' Blues Fest](#) (Rolling Smoke, 1228 30th St, Rock Island)  
**Aug. 6:** [4th Annual Bags n' Brews Cornhole Tournament & Beer Tasting](#) (Lindsay Park, 2100 E River Dr, Davenport)  
**Aug. 8-14:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis, Ill.)  
**Aug. 9:** [Experience on a Towboat from Rock Island to St. Louis](#) (Quad City Botanical Center, Rock Island)  
**Aug. 11-13:** [Tug Fest, LeClaire](#) (Iowa & Port Byron, Ill.)  
**Aug. 13:** [Case Creek Obstacles 5K Mud Run](#) (Coal Valley, Ill.)  
**Aug. 13:** [13<sup>th</sup> Annual Xstream Cleanup](#) (Greater Quad Cities)  
**Aug. 17-21:** [American Veterans Traveling Tribute](#) (Geneseo City Park, Geneseo, Ill.)  
**Aug. 19-20:** [Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 20:** [Pints for Preservation](#) (Niabi Zoo, Coal Valley)  
**Aug. 20:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)  
**Aug. 20:** [Floatzilla: Canoe & Kayak Floatilla](#) (Sunset Park, 1309 Mill St, Rock Island)  
**Aug. 21:** [Q.C. Cancer Awareness Ride](#) (Lady Di's Park View Inn, 18109 270th St, Eldridge)  
**Aug. 26-27:** [River Roots Live](#) (LeClaire Park, Davenport)  
**Aug. 27:** [Quad Cities 3rd Annual Overdose Awareness Walk](#) (Lafayette Park, 700 W 4th St, Davenport)  
**Aug. 27:** [Vettes on the River](#) (LeClaire, Iowa)  
**Aug. 27:** [Silvis Family Run](#) (Schadt Park, Silvis, Ill.)  
**Sept. 3-4:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 10:** [¡VIVA! Quad Cities](#) (Isle of Capri Casino Parking Lot, Bettendorf)  
**Sept. 10:** [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)  
**Sept. 10:** [Row the Miss Regatta](#) (Mississippi River at Moline)  
**Sept. 10:** [Krazy Kids Inflatable Fun Run](#) (Genesis Health Plex, 3900 28th Ave Dr Moline)  
**Sept. 10-11:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 16-17:** [Celtic Festival & Highland Games](#) (Centennial Park (Davenport)  
**Sept. 17:** [River Action's 11<sup>th</sup> Annual Taming of the Slough](#) (Hampton, Ill.)  
**Sept. 17:** [Brew Ha Ha](#) (LeClaire Park (Davenport)  
**Sept. 17:** [2016 Walk to End Alzheimer's - Quad Cities](#) (iWireless Center)  
**Sept. 17:** [4th Annual It's Glow Time 5K Throwback](#) (Bass Street Landing, Moline)  
**Sept. 17-18:** [Riverssance Festival of Fine Arts](#) (Lindsay Park (Village of East Davenport)  
**Sept. 23-24:** [Hot Air Balloon Festival](#) (Rock Island County Fairgrounds (East Moline)  
**Sept. 24:** [Knox-Warren Walk to End Alzheimer's](#) (Lake Storey Park, Galesburg, Ill.)  
**Sept. 25:** [Quad Cities Marathon](#) (Downtown Moline)  
**Oct. 1:** [GiGi's Super Hero Run](#) (Bettendorf)  
**Oct. 2:** [Nancy Kapheim Memorial Classic](#) (Rock Island)  
**Oct. 7-9:** [Big Bore Enterprise Gun Show](#) (Mississippi Valley Fairgrounds)  
**Oct. 9:** [Apple Fest](#) (Downtown LeClaire)  
**Oct. 22:** [4<sup>th</sup> Annual QC Tweed Ride](#) (Freight House, Davenport)  
**Oct. 27:** [Fright Night](#) (The District (Rock Island)  
**Oct. 29:** [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)  
**Oct. 29-30:** [Boo at the Zoo](#) (Niabi Zoo (Coal Valley (Ill.)  
**Oct. 29:** [Witches Walk & Costume Parade](#) (Downtown LeClaire)

**Nov. 12:** [Black Hawk College 5k Hustle](#) (Black Hawk College (Moline))  
**Nov. 18-27:** [Quad City Arts Festival of Trees](#) (RiverCenter (Davenport))  
**Nov. 19:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 19:** [Lighting on the John Deere Commons](#) (Downtown Moline)  
**Nov. 19:** [City of Davenport Garbage Gobble Creek Cleanup](#) (Davenport)  
**Nov. 24:** [Scott County Family Y McCarthy Bush Turkey Trot](#) (Downtown YMCA (Davenport))

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# Island Insight



**Col. Kenneth Tauke, Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor** The Army publication, *Island Insight*, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); [usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil); Phone: 309-782-1121. [The Island Insight is available on-line.](#)

